

CLINICAL ASSESSMENTS NOW AVAILABLE

I know that many parents and teachers are keen to have access to standardised clinical assessments, but a lack of availability often means long delays for children and teens getting the help and support that they need. As an experienced child and adolescent therapist I have decided to offer clinical assessments to parents and local schools in addition to my clinical work, staff training and supervision.

From 29 July onwards I will offer clinical assessments to schools and parents who do not currently use my services. These can be booked via my online diary which will open for bookings from 01 July.

creatingcalm.setmore.com/bookclass

The clinical assessments I will offer are all currently used by the NHS.

You can find further information and costs on my website: creatingcalm.co.uk/assessment please read the website information in full before booking anything.

Sensory Profile

Age up to 14 years 11 months - These assessments evaluate a child's sensory processing patterns in the context of everyday life and help you determine how sensory processing may be contributing to or interfering with the child's participation in activities. For children who attend school, the school component is needed for an accurate assessment.

Beck Youth Inventories (BYI-2)

Age 7-18 years - These assessments evaluate symptoms of depression, anxiety, anger, disruptive behaviour and self-concept in children and adolescents.

Resiliency Scales (RSCA)

Age 9-18 years - The RSCA measures personal resilience in three key areas: sense of mastery, sense of relatedness and emotional reactivity scale and identifies children who indicate low personal resources or high vulnerability before the emergence of symptoms. RSCA can be used alone or to compliment the BYI-2.

Connors 4

Age 6-18 years - This leading ADHD assessment provides a comprehensive assessment of symptoms and difficulties associated with ADHD and common co-occurring problems and difficulties.

Social and Emotional Learning (SSIS SEL)

Age 3-18 years for assessment, Age 4-14 years for intervention program - Evidence-based tools to assess and teach skills in the five SEL competencies: self-awareness, self-management, social awareness, relationship skills and responsible decision-making.

Childhood Trauma Questionnaire (CTQ)

Age 12 years plus - CTQ scores on five scales; physical abuse, sexual abuse, emotional abuse, physical neglect and emotional neglect and identifies likely cases of abuse and neglect at three levels of severity (low, moderate and severe). Treatment plans and more can be formulated.

To book clinical assessments and see costs please go to my website creatingcalm.co.uk/assessment.

Further information about my services can be found on my website: creatingcalm.co.uk and you are welcome to email me with any questions.



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